

## NFASC HALF DAY Program Schedule

### Monday:

8:15 – 8:45am	Registration & Check-In Specific area entrances & parking info will be provided prior to camp
9:00 – 9:15am	All players Division meetings & camp orientation
9:15 – 11:30am	Training Session
11:30 – 11:45am	Final Stretch & Cool-Down
11:45am – 12noon	Departure

### Tuesday, Wednesday & Thursday:

8:30 – 8:45am	Daily Check-In
9:00 – 9:15am	Division meetings
9:15 – 11:30am	Training Session
11:30 – 11:45am	Final Stretch & Cool-Down
11:45am – 12noon	Departure

- **We have limited access to indoor facilities and hope that no cancellations are necessary.**
- **Each of our training sessions will be for a minimum of 1 ½ hours. We build in extra training time each session.**
- **Friday is our inclement weather make-up day. If necessary, a morning training session will be scheduled.**
- **Note: DAY Camp Schedules may vary based on age group, curriculum and weather.**